

## Dorcas Ministries

189 High House Rd in Cary  
Monday-Friday 9am-5pm  
Residents of Cary and Morrisville:  
financial help, food, and training  
919-469-9861 [dorcascary.org](http://dorcascary.org)

## Homelessness Resources

### ACCESS HUB

Monday-Friday 8am-5pm  
919-443-0096 [partnershipwake.org](http://partnershipwake.org)

### Oak City Cares

Day center for people experiencing homelessness:  
laundry, showers, medical and social services,  
919-344-9599, 1430, S. Wilmington St., Raleigh

### The Women's Center

Day center for women experiencing homelessness,  
919-829-3711, 400 S. West St., Raleigh

### Raleigh Rescue Mission

Emergency shelter  
919-828-9014, 314 E. Hargett St., Raleigh

### The Caring Place

transitional housing for working families  
919-462-1800

## Other Financial Assistance

**First Presbyterian in Raleigh** 919-833-4070  
**Sacred Heart Church in Raleigh** 919-865-8973

## Medical and Dental

**Advance Community Health** in Cary 919-833-3111  
**Alliance Medical Ministry** 919-250-3320  
**NeighborHealth** 984-222-8000  
**Open Door Clinic & Pharmacy** 919-832-0820  
**UNC School of Dentistry** 984-999-1654

## Legal

**Legal Aid of North Carolina** 866-219-5262  
**Apex Immigration Services** 919-589-5231

## Crisis Mental Health

**WakeBrook Crisis Stabilization Center**  
107 Sunnybrook Rd, Raleigh, 984-974-4800  
**Monarch Behavioral Health Urgent Care**  
319 Chapanoke Rd, Raleigh, 919-703-2845

## Wake Co Human Services

111 James Jackson Drive in Cary  
Financial, food, and childcare help for  
residents of Wake County  
919-461-4613 [wakegov.com](http://wakegov.com)

## Western Wake Crisis Ministry

Financial and food assistance for residents of  
Apex and Holly Springs  
(919) 362-0657 [wwcm.org](http://wwcm.org)

## Food Pantries

**White Oak Foundation** 919-362-6799  
Wednesdays and Fridays, 12pm-2pm  
1621 White Oak Church Rd., Apex.

**Hope Church** 919-532-0620

Wednesdays 12pm-6:30pm

821 Buck Jones Rd, Raleigh

**Covenant Christian** 919-615-1122

Mondays-Thursdays, 10am-12pm

305 Ashville Ave, Cary

**Catholic Parish Outreach** 919-873-0245

Mondays, Wednesdays and Fridays, 10am-1pm  
2013 Raleigh Ave, Raleigh

**Urban Ministries** 919-836-1642

Monday-Thursday, 9am-11am

1390 Capital Blvd, Raleigh

**With Love from Jesus** 919-233-8010

Tuesdays and Saturdays, 9am-11am  
421 Chapanoke Rd, Raleigh

## Addiction Resources

**Healing Transitions** 919-838-9800

**Southlight** 919-787-6131

**TROSA** 919-419-1059

## Financial Advising

**Triangle Family Services** 919-821-0790

**White Oak Foundation** 919-362-6799

## Victims of Domestic Violence

Call INTERACT

866-291-0855

For more resources

Call 2-1-1

[wakenetworkofcare.org](http://wakenetworkofcare.org)